



LEARN IT • LIVE IT • PASS IT ON

Let's remember to listen to what our most important members have to say about their participation in sport.

<https://www.youtube.com/watch?v=fRRcbRdeJOk>

What happens when fun gets lost in winning at all costs?

http://www.omha.net/news_article/show/609766?referrer_id=2857526

If you thought hot-headed hockey parents were bad, wait until you meet this orchestra Dad

<http://www.cbc.ca/radio/popup/audio/listen.html?autoPlay=true&medialds=2677504733>

The 2016-17 season at Chedoke has many successes following the mandate and guiding principles of our league and Hamilton's Recreational Hockey League (RHL).

- *Foster, promote and teach amateur hockey within the City of Hamilton. To preserve the philosophy of recreational hockey offering all eligible players, the maximum opportunity to participate.*
- *Promote, organize and conduct all team competition in the area of operation to the maximum of playing accommodation and financial resources and to administer the program through a group of appointed and elected volunteers.*
- *Develop and encourage sportsmanship, community spirit and good fellowship among all participants and members for the betterment of the physical, mental and social well-being of all players and volunteers.*
- *Sponsor and promote athletic, social and other activities as may contribute to the betterment and financial position of CMHL.*

The recreational hockey leagues will provide a community-based program, which will allow the player to participate in an environment, which will provide an opportunity for fun and physical exercise.

As an Executive team, and for all volunteers and parents, we can achieve this together when we all exhibit core beliefs:

Positivity • Bright Ideas • Keep Commitments • Do the Right Thing

Our mandate is to equally build our three pillars below which provide strength to the association and its members.

- **Community**
 - ✓ Welcoming weekend hockey family
 - ✓ Fundraising activity to help those in the community
 - ✓ Special Events
- **Fair Play**
 - ✓ Provide fair competitive environment
 - ✓ Equal opportunity to build hockey and team skills
- **Recreation**
 - ✓ Fun competition through active sport participation
 - ✓ Positive approach towards sport will encourage others to do the same
 - ✓ Young players learn valuable life lesson